

KALAMUNDA MEN'S SHED INC.

NEWSLETTER



Issue No. 17

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Joint foundation sponsors: The Rotary Club of Kalamunda and the Forrestfield Community Bank.

Proudly supported by the Shire of Kalamunda.

July General Meeting.

Pat Hallahan was our guest speaker and we were all well entertained as he reminisced about the early years of Kalamunda, some of its progressive characters, and the significant role that buses played in its growth and development. Pat has invited us to visit his Bus Workshop one Tuesday, which is located at Whiteman Park in the Swan Valley.

Annual General Meeting and First Birthday celebrations

Members are reminded that the AGM will be held on 20 August in the Town Square Hall, Burt Street Kalamunda commencing at 2:15 pm. All Committee of Management positions will be declared vacant and the election of Chairman, Deputy Chairman, Secretary, Treasurer and eight Committee positions will take place. Nominations to these positions are required to be lodged with the Returning Officer (the current Secretary) no later than 13 August 2010.

Bill Johnstone from Fremantle Shed has agreed to be our Guest Speaker at the Meeting. Please note that this meeting is on the third Friday NOT the fourth Friday, as is normally the case. Snacks and drinks will be provided at the conclusion of the AGM.

Vale Graham Skippings

As mentioned at an earlier general meeting, it is with much sadness that we report the death of one of our members, Graham Skippings. Graham passed away very suddenly while visiting one of Perth's beaches on 26 April.

Graham was a member of the "Wednesday team". In an earlier life Graham was a butcher in the wheat belt and used these skills very effectively on the bandsaw in the Shed. He was a quiet achiever and in addition to cutting out Rocking Horse heads, he liked to prepare much of our second hand timber for re use. We extend our condolences to Graham's family at this difficult time.

Dates to Remember

Friday 20 August at 2:15 pm. AGM and first Birthday celebrations in the Town Square Hall, Burt St Kalamunda.

Friday 24 September at 2pm. General meeting with Trenton Jones talking about Prostate Cancer. Sundowner and sausage sizzle to follow.

Friday October 22. Visit to the WACA museum.

KMS Performance

As you are aware, we have previously forwarded to our members the Committee's views on how we have performed over the last year. Your comments on this document continue to be welcome. To gain further information about our performance and in particular whether we are meeting our member's needs, a questionnaire is attached to this newsletter. This document was circulated at our July General Meeting. For those of you who have not completed the questionnaire previously, you are encouraged to complete the document and either send it into the Secretary or drop it off at the Shed.

Entertaining

How many times have you wanted to impress your friends with that extra special taste sensation? A taste you have some influence over. Well here is the opportunity to fix that. Next time you get the opportunity to pick some olives, go ahead and mix up an impressive brew using **Rosco's secret olive preserving recipe**. It is so simple and tasty! Just follow these easy directions:

Soak your olives in a clean bucket of water and change the water at least once per day, preferably twice. Continue this for two weeks. Next make a solution of brine using 100g of salt to one litre of water. Cover the olives with this brine solution and soak for a further two weeks with no changing of the solution. At the end of the two week period, remove and rinse the olives thoroughly with fresh water. Now is the interesting part. Half fill your clean jars with olives. Next add the flavourings. Use your imagination at this time. For example popular

flavourings are Garlic, Chilli, Rosemary, Orange rind etc. Once the flavourings are in, continue to fill the jar with more olives. Leave enough room for the olives to be covered with solution. When you reach the top it is time to half fill the jar with brine and then top up with white vinegar. The final touch is to pour a thin layer of olive oil on the top and then screw on the top. The bottles then need to be labelled and left to stand for at least one month. The perfect accompaniment to a cold drink in summer. Happy bottling!

Equipment grant

As mentioned in the last newsletter, we are to receive a grant of \$3559 for the purchase of equipment. Ian has contacted the Volunteer Grants organisation and with the help of Barry Jim and Chris, the following is the list of items we plan to purchase:

- Wood clamps
- Oscillating Spindle Sander
- Shaper, Arbotech
- Air Compressor
- Biscuit Cutter
- Brad Nailer
- Wood Stapler
- Router Bits
- Scroll Saw
- Power Chisel Attachment

Elton's Corner

Our first objective in putting on the Quiz Night was to raise a significant amount of funds to give us a head-start into the financial year and maintain the good state of the Club's financial health. The Treasurer is close to balancing the books and we should achieve a profit of around \$3,400.00, which was a pleasing result and above the \$3,000 target set by the COM.

The next objective was to provide an enjoyable evening for our members, family, friends and the wider community and as we had 175 people attend with few complaints but plenty of complimentary comments, I count the evening as a great success.

Last but no means least, it gave us an opportunity to "show-case" our Club to the local community with its activities and to display some of the first-class products, which we are beginning to make.

As the principal organiser, I was gratified by all the efforts put by many of our members and their partners to ensure a successful evening. Members did their bit in attending and bringing along their friends and family, helping in the

manufacture of items for sale or prizes, donating prizes, helping on the night and assisting in the final clean up. I would like to thank everyone who played a part in this event.



The room was full for the Quiz night



The Judges ... Ian, Louise and Ted

Taking Care of Yourself and Family

We have a number of publications in the Office which are available free of charge to members. One outstanding publication provided by Beyond Blue is the book called "Taking Care of Yourself and Your Family" by John Ashfield. The book covers a number of topics including Depression, Anxiety, Insomnia, Stress, Grief, Alcohol, Conflict, Anger etc. It is a enlightening read which includes strategies to cope with different situations. It is recommended that members pick up a copy for current or future reference.

Great Aussie Patios

With the help of Eddie and Ian, Great Aussie Patios has donated a 6.5m extension to the Shed. This will provide a covered area between the existing Shed and the Office. It will enable us to undertake projects outside in the summer (and probably winter) months and also assist us with the monthly sundowners. Our thanks go to Great Aussie Patios.

www.kalamamensshed.org.au



KALAMUNDA MEN'S Shed Inc

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Questions to members regarding KMS performance

- Are the Shed activities satisfactory (workshop, general meetings, speakers, sundowners, visits)? Yes ☐ No ☐ What other activities could be considered?

- Is the Shed open at the best times? Yes ☐ No ☐ Should the opening times/days be extended? If so, by what?

- Does the Shed have sufficient equipment to meet your needs? Yes ☐ No ☐ If not, what should be provided?

- When you visit the Shed for workshop/meetings/sundowners is there a welcoming culture? Yes ☐ No ☐ What could be done to improve same?

- Are you being provided sufficient information and feedback on activities? Yes ☐ No ☐
- When you visit the Shed, are you being given sufficient support, training or assistance with workshop or other projects? Yes ☐ No ☐
- We have attempted to engender a welcoming culture at KMS. Have we succeeded?
Yes ☐ No ☐ What could we do to improve the culture at KMS?

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- What do you think the image of KMS is in the wider community?

- What other pursuits should KMS tackle?

- What can be done to improve the operation of the KMS?

- Other comments will be welcome.

Please leave your completed form in the box in the office of the shed or email/send to the KMS.

Thank you on behalf of the KMC Committee.